

Athy Triathlon Club – Flat Out Duathlon Results 2022

1 00:56:15 1 From 30 to 34, (NS) Anthony Obrien 105 - 00:09:52 00:00:32 00:35:40 00:00:26 00:10:21 2 00:57:04 1 From 40 to 44, (NS) Enda Bagnall 2 Eden Tri Cl0:10:14 00:00:20 00:35:40 00:00:25 00:01:23 3 00:58:19 2 From 30 to 34, (NS) Matthew Carroll 20 - 00:10:47 00:00:20 00:35:43 00:00:25 00:10:53 4 00:58:39 1 From 45 to 49, (NS) Bernard Keene 68 Waterford:00:10:48 00:00:25 00:00:22 00:00:24 00:10:26 00:01:24 00:10:26 5 00:59:33 1 From 40 to 44, (NS) Beiley 3 New Rost<00:10:46 00:00:25 00:35:57 00:00:20 00:11:24 9 00:59:33 1 From 40 to 44, (NS) Alan Connolly 27 Eden Tri Cl0:11:40 00:00:26 00:35:57 00:00:20 00:11:24 10 00:59:50 3 From 40 to 44, (NS) Man Connolly 27	Overall	Time	Age Rank	Age Group	First Name	Last Name	Bib Number	Club	Run/Swim	nT1	Bike	Т2	Run
3 00:58:19 2 From 30 to 34, (NS) Matthew Carroll 20 Naas TC 00:10:47 00:01:9 00:35:43 00:02:5 00:11:05 4 00:58:32 3 From 30 to 34, (NS) Ross Collins 22 - 00:10:47 00:021 00:36:17 00:029 00:10:39 5 00:58:33 1 From 45 to 49, (NS) Garan Steed 122 - 00:10:31 00:022 00:36:17 00:00:26 00:11:09 7 00:59:09 2 From 45 to 49, (NS) Bernard Keane 68 Waterford:00:10:48 00:00:25 00:36:17 00:00:24 00:11:00 8 00:59:38 1 From 40 to 44, (NS) Adriele PRINA-MELLO 108 Belpark Tri00:10:49 00:00:22 00:35:57 00:00:30 00:11:32 10 00:02:7 4 From 40 to 44, (NS) Mark Dowling 39 Naas TC 00:01:48 00:00:24 00:35:57 00:00:30 00:11:32 11	1	00:56:15	1	From 30 to 34, (NS)	Anthony	Obrien	105	-	00:09:52	00:00:32	00:35:04	00:00:26	00:10:21
4 00:58:32 3 From 30 to 34, (NS) Ross Collins 22 - 00:10:47 00:00:20 00:36:17 00:00:29 00:10:39 5 00:58:33 1 From 45 to 49, (NS) Ciaran Steed 122 - 00:10:47 00:00:20 00:36:17 00:00:20 00:36:17 00:01:29 00:10:39 6 00:58:03 1 From 45 to 49, (NS) Aleksander Lanecki 74 - 00:10:31 00:00:22 00:36:17 00:00:20 00:36:17 00:01:20 00:10:39 7 00:59:03 2 From 40 to 44, (NS) Adriele PRINA-MELLO 108 Belpark Tri00:10:49 00:00:22 00:36:30 00:11:32 10 00:59:03 From 40 to 44, (NS) Alan Connolly 27 Eden Tri Clo0:11:40 00:00:24 00:37:55 00:00:20 00:31:30 00:01:13 12 01:01:03 From 45 to 49, (NS) William Byrne 17 - 00:10:45 00:00:24 00:37:45 00:00:27 00:31:20 13 01:02:25 1 From 3 to 34, (NS)	2	00:57:04	1	From 40 to 44, (NS)	Enda	Bagnall	2	Eden Tri (2100:10:14	00:00:20	00:35:06	00:00:31	00:10:53
5 00:58:33 1 From 45 to 49, (NS) Ciaran Steed 122 - 00:10:47 00:00:11 00:35:48 00:00:21 00:10:66 6 00:58:39 1 From 18 to 19, (NS) Aleksander Lanecki 74 - 00:10:31 00:00:22 00:61:11 00:00:26 00:11:09 7 00:59:09 2 From 45 to 49, (NS) Bernard Keane 68 Waterford00:10:48 00:00:25 00:36:22 00:00:23 00:10:26 9 00:59:38 1 From 50 to 54, (NS) Adriele PRINA-MELLO 108 Belpark Tri00:10:49 00:00:22 00:36:33 00:00:20 00:11:24 10 00:59:50 3 From 40 to 44, (NS) Alan Connolly 27 Eden Tri Clo0:11:48 00:00:40 00:35:52 00:00:20 00:11:24 11 01:00:27 4 From 45 to 49, (NS) Wirk Dowling 39 Naas TC 00:10:48 00:00:41 00:12:20 00:00:27 00:01:21 12 01:01:37 4 From 30 to 34, (NS) Niall Kirby 73	3	00:58:19	2	From 30 to 34, (NS)	Matthew	Carroll	20	Naas TC	00:10:47	00:00:19	00:35:43	00:00:25	00:11:05
600:58:391From 18 to 19 (NS)AleksanderLanecki74-00:10:3100:00:2200:36:1100:00:2600:11:09700:59:092From 45 to 49 (NS)BernardKeane68Waterford 00:10:4800:00:2500:36:2200:00:2400:11:00800:59:332From 40 to 44 (NS)EoinBailey3New Ross 00:10:4600:00:2500:35:5700:00:2300:11:02900:59:503From 40 to 44 (NS)AdrielePRINA-MELL0108Belpark Tri00:10:4900:00:2400:35:5200:00:3000:11:321000:59:503From 40 to 44 (NS)AlanConnolly27Eden Tri Cl0:11:4000:00:2400:35:5200:00:3000:11:321201:01:033From 45 to 49 (NS)WilliamByrne17-00:10:4500:00:2400:37:5500:00:2400:11:321301:02:251From 25 to 29, (NS)GaryCondell25Trilogy Tri 00:11:3100:00:2400:39:2400:01:2300:12:231401:03:374From 30 to 34, (NS)NiallKirby73-00:11:0300:39:0400:39:0400:11:531501:04:101From 45 to 49, (NS)BrendanBuck13Wicklow T0:11:1800:00:2400:39:0400:01:2300:12:201601:04:165From 30 to 34, (-)DaileMac Mahon80-00:11:3000:02:240	4	00:58:32	3	From 30 to 34, (NS)	Ross	Collins	22	-	00:10:47	00:00:20	00:36:17	00:00:29	00:10:39
7 00:59:09 2 From 45 to 49, (NS) Bernard Keane 68 Waterford 00:10:48 00:03:5 00:36:22 00:00:24 00:11:00 8 00:59:38 1 From 40 to 44, (NS) Eoin Bailey 3 New Ross 00:10:46 00:00:25 00:35:57 00:00:23 00:11:20 9 00:59:38 1 From 50 to 54, (NS) Adriele PRINA-MELLO 108 Belpark Tri00:10:49 00:00:22 00:35:57 00:00:30 00:11:20 10 00:59:50 3 From 40 to 44, (NS) Alan Connolly 27 Eden Tri Clo0:11:44 00:00:40 00:36:57 00:00:30 00:11:50 11 01:00:27 4 From 40 to 44, (NS) Mark Dowling 39 Naas TC 00:00:40 00:36:57 00:00:27 00:01:155 13 01:02:25 1 From 45 to 49, (NS) William Byrne 17 - 00:10:48 00:00:41 00:39:22 00:00:27 00:11:21 14 01:03:37 4 From 30 to 34, (NS) Nail Kirby 73 - 00:11:13	5	00:58:33	1	From 45 to 49, (NS)	Ciaran	Steed	122	-	00:10:47	00:00:31	00:35:48	00:00:31	00:10:56
8 00:59:33 2 From 40 to 44, (NS) Eoin Bailey 3 New Ross 00:10:46 00:00:25 00:35:57 00:00:23 00:12:02 9 00:59:38 1 From 50 to 54, (NS) Adriele PRINA-MELL0 108 Belpark Tri00:10:49 00:00:22 00:36:33 00:00:30 00:11:20 10 00:59:50 3 From 40 to 44, (NS) Alan Connolly 27 Eden Tri Cl00:11:40 00:00:40 00:35:52 00:00:30 00:11:32 11 01:00:27 4 From 40 to 44, (NS) Mark Dowling 39 Naas TC 00:10:48 00:00:40 00:35:57 00:00:20 00:11:32 12 01:01:03 3 From 45 to 49, (NS) Will Byrne 17 - 00:10:48 00:00:41 00:00:27 00:01:23 00:00:23 00:01:20 00:01:20 00:01:21 00:01:24 00:01:24 00:01:24 00:01:24 01:01:153 14 01:03:37 4 From 30 to 34, (-) Daniel Mac Mahon	6	00:58:39	1	From 18 to 19, (NS)	Aleksander	Lanecki	74	-	00:10:31	00:00:22	00:36:11	00:00:26	00:11:09
9 00:59:38 1 From 50 to 54, (NS) Adriele PRINA-MELLO 108 Belpark Tri00:10:49 00:00:22 00:36:33 00:00:30 00:11:24 10 00:59:50 3 From 40 to 44, (NS) Alan Connolly 27 Eden Tri Cl00:11:04 00:03:4 00:35:52 00:00:30 00:11:30 11 01:00:27 4 From 40 to 44, (NS) Mark Dowling 39 Naas TC 00:01:40 00:03:40 00:35:52 00:00:20 00:37:35 00:00:24 00:13:20 12 01:01:03 3 From 45 to 49, (NS) William Byrne 17 - 00:10:45 00:00:27 00:37:35 00:00:27 00:11:55 13 01:02:25 1 From 30 to 34, (NS) Niall Kirby 73 - 00:10:48 00:00:41 00:39:40 00:00:42 00:39:40 00:01:153 16 01:04:16 5 From 30 to 34, (NS) Tadph Moriarty 94 - 00:11:33 00:02:4 00:02:2	7	00:59:09	2	From 45 to 49, (NS)	Bernard	Keane	68	Waterfor	d00:10:48	00:00:35	00:36:22	00:00:24	00:11:00
1000:59:503From 40 to 44, (NS)AlanConnolly27Eden Tri Cl00:11:0400:00:3400:35:5200:00:3000:11:501101:00:274From 40 to 44, (NS)MarkDowling39Naas TC00:10:4800:00:4000:36:5700:00:3000:11:321201:01:033From 45 to 49, (NS)WilliamByrne17-00:10:4500:02:400:37:4500:00:2400:11:551301:02:251From 25 to 29, (NS)GaryCondell25Trilogy Tri 00:11:3100:02:700:37:4900:02:700:12:111401:03:374From 30 to 34, (NS)NiallKirby73-00:10:4800:00:4100:39:2200:00:4300:12:031501:04:101From 16 to 17, (-)FinnBuck13Wicklow T00:11:1800:00:1100:02:400:01:4000:01:4001:12:111701:04:256From 30 to 34, (NS)TadghMoriarty94-00:11:3300:00:2400:01:2300:01:2300:01:2300:01:2300:11:351801:04:284From 45 to 49, (NS)SeamusMcEnhill89Carlow TC 01:11:2500:01:2400:01:2300:12:2000:12:202001:05:041From 35 to 39, (NS)SeamusMcEnhill89Carlow TC 00:11:2500:00:4400:39:5900:00:3600:12:202101:05:142From 35 to 39, (NS)Seamus <td< td=""><td>8</td><td>00:59:33</td><td>2</td><td>From 40 to 44, (NS)</td><td>Eoin</td><td>Bailey</td><td>3</td><td>New Ross</td><td>00:10:46</td><td>00:00:25</td><td>00:35:57</td><td>00:00:23</td><td>00:12:02</td></td<>	8	00:59:33	2	From 40 to 44, (NS)	Eoin	Bailey	3	New Ross	00:10:46	00:00:25	00:35:57	00:00:23	00:12:02
1101:00:274From 40 to 44, (NS)MarkDowling39Naas TC00:10:4800:00:4000:36:5700:00:3000:11:321201:01:033From 45 to 49, (NS)WilliamByrne17-00:10:4500:00:2400:37:3500:00:2400:11:551301:02:251From 25 to 29, (NS)GaryCondell25Trilogy Tri 00:11:3100:02:700:37:4900:00:2700:12:111401:03:374From 30 to 34, (NS)NiallKirby73-00:10:4800:00:4100:39:2200:00:4300:12:031501:04:101From 16 to 17, (-)FinnBuck13Wicklow T00:11:1800:00:4100:39:4000:01:4000:12:111601:04:165From 30 to 34, (NS)TadghMoriarty94-00:11:0700:01:900:41:2800:01:4000:11:151801:04:284From 45 to 49, (NS)BrendanBuck12Wicklow T00:11:2300:02:400:40:0800:02:3000:12:322001:05:041From 30 to 34, (-)JeffDelaney34-00:11:2300:00:4400:39:2400:00:2300:12:302101:05:115From 45 to 49, (NS)SeanusMcEnhill89Carlow TC 00:11:5700:00:3300:39:2400:00:4700:12:302201:05:115From 35 to 39, (NS)JohnnyDelaney35-00:11:4700	9	00:59:38	1	From 50 to 54, (NS)	Adriele	PRINA-MELLO	108	Belpark T	ri00:10:49	00:00:22	00:36:33	00:00:30	00:11:24
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1801:04:284From 45 to 49, (NS)BrendanBuck12Wicklow T00:12:3700:00:2200:37:5300:00:2300:13:131901:04:507From 30 to 34, (-)JeffDelaney34-00:11:2300:00:2400:40:0800:00:2300:12:322001:05:041From 35 to 39, (NS)SeamusMcEnhill89Carlow TC 00:11:2500:00:3400:39:5900:00:3600:12:202101:05:115From 45 to 49, (NS)SeanAllis1West Cork 00:11:5700:00:3300:39:2400:00:4700:12:302201:05:162From 35 to 39, (NS)JohnnyDelaney35-00:11:4700:00:2600:39:2100:01:0200:12:402301:05:181From 30 to 34, (NS)CiaraWilson131-00:11:1300:00:2500:41:3600:00:3300:11:312401:05:472From 50 to 54, (NS)GaryCrossan31-00:11:3900:00:2900:40:3500:00:3100:12:332501:06:025From 40 to 44, (NS)PaulFlood54Kilkenny Tu0:12:0000:00:2400:40:3500:00:3500:12:28	16	01:04:16	5	From 30 to 34, (-)	Daniel	Mac Mahon	80	-	00:11:33	00:00:44	00:39:04	00:00:44	00:12:11
1901:04:507From 30 to 34, (-)JeffDelaney34-00:11:2300:00:2400:40:0800:00:2300:12:322001:05:041From 35 to 39, (NS)SeamusMcEnhill89Carlow TC 00:11:2500:00:4400:39:5900:00:3600:12:202101:05:115From 45 to 49, (NS)SeanAllis1West Cork 00:11:5700:00:3300:39:2400:00:4700:12:302201:05:162From 35 to 39, (NS)JohnnyDelaney35-00:11:4700:00:2600:39:2100:01:0200:12:402301:05:181From 30 to 34, (NS)CiaraWilson131-00:11:1300:00:2500:41:3600:00:3300:11:312401:05:472From 50 to 54, (NS)GaryCrossan31-00:11:3900:00:2900:40:3500:00:3100:12:332501:06:025From 40 to 44, (NS)PaulFlood54Kilkenny Ti00:12:0000:00:2400:40:3500:00:3500:12:28	17	01:04:25	6	From 30 to 34, (NS)	Tadgh	Moriarty	94	-	00:11:07	00:00:19	00:41:28	00:00:16	00:11:15
2001:05:041From 35 to 39, (NS)SeamusMcEnhill89Carlow TC 00:11:2500:00:4400:39:5900:00:3600:12:202101:05:115From 45 to 49, (NS)SeanAllis1West Cork 00:11:5700:00:3300:39:2400:00:4700:12:302201:05:162From 35 to 39, (NS)JohnnyDelaney35-00:11:4700:00:2600:39:2100:01:0200:12:402301:05:181From 30 to 34, (NS)CiaraWilson131-00:11:1300:00:2500:41:3600:00:3300:11:312401:05:472From 50 to 54, (NS)GaryCrossan31-00:11:3900:00:2900:40:3500:00:3100:12:332501:06:025From 40 to 44, (NS)PaulFlood54Kilkenny Tı00:12:0000:00:2400:40:3500:00:3500:12:28	18	01:04:28	4	From 45 to 49, (NS)	Brendan	Buck	12	Wicklow ⁻	Г00:12:37	00:00:22	00:37:53	00:00:23	00:13:13
21 01:05:11 5 From 45 to 49, (NS) Sean Allis 1 West Cork 00:11:57 00:00:33 00:39:24 00:00:47 00:12:30 22 01:05:16 2 From 35 to 39, (NS) Johnny Delaney 35 - 00:11:47 00:00:26 00:39:21 00:01:02 00:12:40 23 01:05:18 1 From 30 to 34, (NS) Ciara Wilson 131 - 00:11:13 00:00:25 00:41:36 00:00:33 00:11:31 24 01:05:47 2 From 50 to 54, (NS) Gary Crossan 31 - 00:11:39 00:00:29 00:40:35 00:00:31 00:12:33 25 01:06:02 5 From 40 to 44, (NS) Paul Flood 54 Kilkenny Tu0:12:00 00:00:24 00:40:35 00:00:35 00:12:28	19	01:04:50	7	From 30 to 34, (-)	Jeff	Delaney	34	-	00:11:23	00:00:24	00:40:08	00:00:23	00:12:32
22 01:05:16 2 From 35 to 39, (NS) Johnny Delaney 35 - 00:11:47 00:00:26 00:39:21 00:01:02 00:12:40 23 01:05:18 1 From 30 to 34, (NS) Ciara Wilson 131 - 00:11:13 00:00:25 00:41:36 00:00:33 00:11:31 24 01:05:47 2 From 50 to 54, (NS) Gary Crossan 31 - 00:11:39 00:00:29 00:40:35 00:00:31 00:12:33 25 01:06:02 5 From 40 to 44, (NS) Paul Flood 54 Kilkenny Ti00:12:00 00:00:24 00:40:35 00:00:35 00:12:28	20	01:05:04	1	From 35 to 39, (NS)	Seamus	McEnhill	89	Carlow TO	00:11:25	00:00:44	00:39:59	00:00:36	00:12:20
23 01:05:18 1 From 30 to 34, (NS) Ciara Wilson 131 - 00:11:13 00:00:25 00:41:36 00:00:33 00:11:31 24 01:05:47 2 From 50 to 54, (NS) Gary Crossan 31 - 00:11:39 00:00:29 00:40:35 00:00:31 00:12:33 25 01:06:02 5 From 40 to 44, (NS) Paul Flood 54 Kilkenny Ti00:12:00 00:00:24 00:40:35 00:00:35 00:12:28	21	01:05:11	5	From 45 to 49, (NS)	Sean	Allis	1	West Cor	k00:11:57	00:00:33	00:39:24	00:00:47	00:12:30
24 01:05:47 2 From 50 to 54, (NS) Gary Crossan 31 - 00:11:39 00:00:29 00:40:35 00:00:31 00:12:33 25 01:06:02 5 From 40 to 44, (NS) Paul Flood 54 Kilkenny Tr00:12:00 00:00:24 00:40:35 00:00:35 00:12:28	22	01:05:16	2	From 35 to 39, (NS)	Johnny	Delaney	35	-	00:11:47	00:00:26	00:39:21	00:01:02	00:12:40
25 01:06:02 5 From 40 to 44, (NS) Paul Flood 54 Kilkenny Ti00:12:00 00:00:24 00:40:35 00:00:35 00:12:28	23	01:05:18	1	From 30 to 34, (NS)	Ciara	Wilson	131	-	00:11:13	00:00:25	00:41:36	00:00:33	00:11:31
	24	01:05:47	2	From 50 to 54, (NS)	Gary	Crossan	31	-	00:11:39	00:00:29	00:40:35	00:00:31	00:12:33
26 01:06:14 6 From 40 to 44 (NS) loao Esteves 50 Belpark Tri00:12:10 00:00:35 00:39:45 00:00:25 00:13:19	25	01:06:02	5	From 40 to 44, (NS)	Paul	Flood	54	Kilkenny ⁻	00:12:00	00:00:24	00:40:35	00:00:35	00:12:28
	26	01:06:14	6	From 40 to 44, (NS)	Joao	Esteves	50	Belpark T	ri00:12:10	00:00:35	00:39:45	00:00:25	00:13:19

27	01.00.45 4		- Utabas	64		00.00.24	00.44.04	00.00.20	00.12.00
27	01:06:15 1	From 40 to 44, (NS) Kin	•	61	Pulse TC 00:11:59				
28	01:07:12 1	From 55 to 59, (NS) Da		123	Omagh TC 00:12:43			00:00:52	
29	01:07:27 2	From 55 to 59, (NS) Bria	0	32		00:01:29		00:00:58	
30	01:07:30 2	From 30 to 34, (NS) Jen		102	- 00:11:40	00:00:21		00:00:30	
31	01:07:40 6	From 45 to 49, (NS) And	dres Reid	111	- 00:12:29	00:00:53		00:00:39	00:12:31
32	01:08:00 7	From 45 to 49, (-) Joe	e Kelly	69	- 00:13:17	00:00:59	00:38:48	00:00:41	00:14:15
33	01:08:02 8	From 45 to 49, (NS) Cor	rnelius Marshall	85	South Coa:00:10:51	00:00:53	00:43:48	00:01:06	00:11:24
34	01:08:05 3	From 55 to 59, (NS) Sar	m Cordner	30	Lisburn TC00:11:56	00:00:51	00:42:03	00:00:56	00:12:19
35	01:08:08 9	From 45 to 49, (NS) Aar	ron Mac hale	79	- 00:12:35	00:00:51	00:40:38	00:00:35	00:13:29
36	01:08:36 7	From 40 to 44, (NS) Nig	gel Elliott	49	Pulse TC 00:13:20	00:01:07	00:40:10	00:00:57	00:13:02
37	01:08:41 1	From 45 to 49, (NS) Mid	chelle Doyle	41	Naas TC 00:13:15	00:00:49	00:40:29	00:00:31	00:13:37
38	01:09:39 8	From 40 to 44, (NS) Day	vid Kidd	72	Carlow TC 00:12:56	00:00:59	00:41:09	00:01:01	00:13:34
39	01:10:51 1	From 55 to 59, (NS) Sha	aron Cahill	19	Tralee Tri 00:12:31	00:00:50	00:43:24	00:01:10	00:12:56
40	01:10:54 3	From 50 to 54, (NS) Day	vid Bray	10	Piranha TC00:13:24	00:00:37	00:42:30	00:00:35	00:13:48
41	01:11:15 9	From 40 to 44, (NS) Gai	ry Brophy	11	- 00:12:32	00:00:44	00:43:14	00:01:19	00:13:26
42	01:11:35 4	From 50 to 54, (NS) Pau	ul Bowe	7	Kilkenny TI00:12:55	00:00:35	00:43:30	00:00:53	00:13:42
43	01:11:46 10	From 40 to 44, (-) Ric	chard Dalton	33	- 00:11:25	00:00:51	00:45:50	00:01:07	00:12:33
44	01:11:54 4	From 55 to 59, (NS) Sea	an Farrell	51	3D Triathl 00:13:47	00:00:46	00:42:32	00:00:49	00:14:00
45	01:12:24 3	From 35 to 39, (NS) Tim	n Dunleavy	45	Naas TC 00:12:12	00:00:44	00:45:08	00:00:42	00:13:38
46	01:13:20 8	From 30 to 34, (NS) Ma	att Lynch	78	- 00:12:57	00:01:11	00:44:52	00:00:37	00:13:43
47	01:13:31 5	From 50 to 54, (-) Chr	ristopher Hayden	59	- 00:12:47	00:01:04	00:45:23	00:00:38	00:13:39
48	01:13:37 10	From 45 to 49, (NS) Ma	artyn Walsh	130	Kilkenny TI00:14:24	00:00:44	00:42:55	00:00:31	00:15:03
49	01:13:43 11	From 45 to 49, (NS) Kei	ith gibson	57	- 00:13:04	00:00:55	00:44:29	00:00:50	00:14:25
50	01:14:04 12	From 45 to 49, (NS) Tre	•	121	Kilkenny TI00:12:46	00:00:51	00:46:44	00:00:37	00:13:06
51	01:14:16 13	From 45 to 49, (NS) Roi	nan Doyle	42	- 00:14:20	00:01:04	00:42:38	00:01:21	00:14:53
52	01:14:16 2	From 40 to 44, (NS) Alic	•	107	- 00:14:06	00:00:43	00:43:30	00:00:55	00:15:02
53	01:14:38 6	From 50 to 54, (-) Hei	, ,	112	- 00:13:22	00:01:16		00:00:41	
54	01:15:02 4	From 35 to 39, (NS) Pac	1	118	Kilkenny TI00:13:13			00:00:45	
55	01:15:32 5	From 35 to 39, (NS) Ant		93	Kilkenny Ti00:13:35			00:00:38	
56	01:15:39 1	From 50 to 54, (NS) Do		83	Belpark Tri00:12:59			00:00:49	
57	01:16:13 11	From 40 to 44, (NS) Bud		28	Eden Tri Cl00:13:10			00:00:27	
58	01:16:26 12	From 40 to 44, (NS) Gu	•	77	Portmarnc00:14:37				
50	01.10.20 12			, ,	10111111000.14.57	00.00.41	00.40.13	00.00.40	00.14.10

59	01:17:24 6	From 35 to 39, (-)	Simon	Murphy	97	-	00:12:44	00:01:11	00:48:32	00:00:24	00:14:33
60	01:17:36 5	From 55 to 59, (NS)	Gerard	Byrne	16	Fingal TC	00:14:14	00:00:56	00:47:31	00:00:35	00:14:20
61	01:17:47 13	From 40 to 44, (NS)		Ó Luasaigh	101	Tinahely T	00:12:42	00:01:11	00:49:23	00:00:55	00:13:36
62	01:17:50 2	From 50 to 54, (NS)	Deirdre	Keogh	71	-	00:14:34	00:00:50	00:45:29	00:01:19	00:15:38
63	01:18:09 1	From 60 to 64, (NS)	William	Purcell	109	Trilogy Tri	00:13:52	00:00:25	00:48:29	00:00:26	00:14:57
64	01:19:02 6	From 55 to 59, (NS)	Gary	Collins	23	-	00:15:18	00:01:22	00:45:52	00:01:07	00:15:23
65	01:19:57 14	From 40 to 44, (-)	Mariusz	Jonczyk	65	-	00:12:51	00:00:33	00:51:53	00:00:23	00:14:17
66	01:20:06 2	From 45 to 49, (NS)	Maire	Marshall	86	South Coas	00:14:18	00:01:15	00:48:52	00:00:50	00:14:51
67	01:20:19 3	From 40 to 44, (NS)	Elizabeth	Shouldice	119	Fingal TC	00:14:08	00:01:35	00:48:40	00:01:16	00:14:40
68	01:20:20 3	From 50 to 54, (NS)	Suzanne	Dunne	48	Carlow TC	00:14:10	00:01:32	00:48:27	00:01:26	00:14:45
69	01:20:40 1	From 65 to 69, (NS)	Timothy	Horgan	63	Killarney T	00:15:16	00:01:19	00:47:25	00:00:53	00:15:47
70	01:20:51 4	From 40 to 44, (NS)	Joanne	Bradbury	8	-	00:14:37	00:00:50	00:48:48	00:01:08	00:15:28
71	01:21:18 7	From 50 to 54, (NS)	Colm	Kavanagh	67	- (00:13:55	00:00:27	00:52:44	00:00:26	00:13:46
72	01:21:24 2	From 55 to 59, (NS)	Joanne	Bingham	6	Olympian ⁻	00:14:52	00:00:23	00:50:26	00:00:26	00:15:17
73	01:21:28 7	From 35 to 39, (NS)	Jeff	Taylor	125	-	00:15:07	00:00:35	00:48:57	00:00:37	00:16:12
74	01:21:47 5	From 40 to 44, (-)	Evelyn	OBrien	106	Athy Triath	00:14:35	00:00:39	00:49:54	00:00:22	00:16:17
75	01:22:27 9	From 30 to 34, (NS)	Liam	Walsh	129	Kilkenny T	00:13:58	00:00:28	00:52:17	00:00:24	00:15:20
76	01:22:58 2	From 16 to 17, (-)	CAOLAN	FENNELL	52	Athy Triath	00:13:57	00:00:21	00:53:07	00:00:41	00:14:52
77	01:23:29 6	From 40 to 44, (NS)	Sharon	Brannigan	9	-	00:15:42	00:01:08	00:48:07	00:01:00	00:17:32
78	01:23:39 14	From 45 to 49, (-)	Andrea	Della-Chiesa	36	-	00:15:37	00:01:17	00:49:14	00:00:55	00:16:36
79	01:23:55 15	From 40 to 44, (NS)	Niall	Jones	66	-	00:15:10	00:01:29	00:50:27	00:00:45	00:16:04
80	01:23:58 10	From 30 to 34, (-)	David	Linehan	76	-	00:14:17	00:00:33	00:52:53	00:00:27	00:15:48
81	01:24:02 8	From 50 to 54, (NS)	Kieran	Ryan	117	Naas TC	00:17:06	00:00:59	00:47:19	00:00:46	00:17:52
82	01:25:12 16	From 40 to 44, (NS)	Bryan	Duignan	44	Carlow TC	00:16:18	00:00:52	00:50:28	00:00:40	00:16:54
83	01:25:39 17	From 40 to 44, (-)	Michael	Ramos	110	-	00:14:27	00:01:43	00:52:50	00:01:06	00:15:33
84	01:25:39 15	From 45 to 49, (-)	Edwin	Tayag	124	-	00:14:38	00:01:02	00:53:15	00:00:47	00:15:57
85	01:25:50 3	From 45 to 49, (NS)	Emma	Hingston	62	Lisburn TC	00:15:39	00:00:50	00:51:14	00:00:39	00:17:28
86	01:26:21 3	From 55 to 59, (NS)	Diane	Cordner	29	Lisburn TC	00:15:40	00:00:54	00:52:19	00:01:01	00:16:27
87	01:26:46 9	From 50 to 54, (NS)	lan	Bell	5	Athy Triath	00:16:14	00:01:10	00:50:45	00:00:47	00:17:50
88	01:27:13 16	From 45 to 49, (NS)	Gavin	Finn	53	Wexford T	00:14:31	00:00:33	00:56:26	00:00:33	00:15:10
89	01:27:31 7	From 55 to 59, (NS)	Paul	McGrane	91	Pulse TC	00:14:52	00:00:55	00:54:22	00:00:49	00:16:33
90	01:27:50 18	From 40 to 44, (-)	Jamie	Cassells	21	-	00:16:15	00:00:44	00:53:48	00:00:56	00:16:07

91	01:28:24	2	From 60 to 64, (-)	colman	larkin	75	-	00:15:35	00:01:06	00:53:58	00:00:59	00:16:46
92	01:29:11	1	From 60 to 64, (NS)	Majella	Ní Chríocháin	100	-	00:16:24	00:00:56	00:53:00	00:01:09	00:17:42
93	01:29:18	2	From 25 to 29, (-)	Kealan	Hegarty	60	-	00:14:08	00:00:41	00:58:36	00:00:26	00:15:27
94	01:29:39	8	From 55 to 59, (NS)	Donal	Tutty	127	Pulse TC	00:16:46	00:01:36	00:52:19	00:01:14	00:17:44
95	01:30:43	4	From 45 to 49, (NS)	Noreen	Mallon	84	-	00:18:56	00:00:43	00:50:57	00:00:58	00:19:09
96	01:32:19	3	From 30 to 34, (-)	Aggie	Buckley	14	-	00:15:33	00:00:50	00:58:19	00:00:34	00:17:03
97	01:32:42	10	From 50 to 54, (-)	Adrian	Murphy	96	-	00:16:33	00:00:29	00:55:02	00:00:38	00:20:00
98	01:32:49	4	From 50 to 54, (NS)	Emma	McGrane	90	Pulse TC	00:15:09	00:01:09	00:58:19	00:00:46	00:17:26
99	01:33:06	4	From 30 to 34, (-)	Niamh	Ronan	114	-	00:16:39	00:01:25	00:57:53	00:00:32	00:16:37
100	01:33:39	9	From 55 to 59, (NS)	Peter	Dobbyn	38	-	00:16:41	00:00:30	00:56:54	00:00:29	00:19:05
101	01:34:25	7	From 40 to 44, (-)	Deirdre	lvory	64	-	00:16:38	00:00:51	00:58:27	00:00:34	00:17:55
102	01:35:14	8	From 35 to 39, (-)	Rogeren	Velano	128	-	00:17:02	00:01:04	00:55:05	00:01:43	00:20:20
103	01:35:22	8	From 40 to 44, (-)	Helena	O'Toole	104	-	00:16:38	00:01:29	00:57:22	00:00:58	00:18:55
104	01:35:23	17	From 45 to 49, (-)	Glenn	Dunne	46	-	00:16:43	00:00:45	00:59:08	00:00:36	00:18:11
105	01:36:51	18	From 45 to 49, (NS)	David	Murphy	99	Kilkenny T	00:14:37	00:00:59	01:04:44	00:00:35	00:15:56
106	01:37:33	1	From 35 to 39, (NS)	Patricia	Connell	26	Athlone T	(00:17:18	00:01:47	00:58:15	00:00:50	00:19:23
107	01:37:33	19	From 40 to 44, (NS)	Ambrose	Duggan	43	Athlone T	(00:16:00	00:00:55	00:52:24	00:08:50	00:19:24
108	01:43:53	20	From 40 to 44, (-)	Sebastian	Baranowski	4	-	00:17:42	00:01:21	00:57:59	00:01:44	00:25:07