



## Junior Members

As an Athy Triathlon Club Member, you have rights and responsibilities. The following code of behaviour will highlight to you what these are. If there is any reason you do not understand what any of them means, you should ask a parent or your club's Childrens Officer.

### Young / Vulnerable triathletes are entitled to:

- Have fun and enjoy taking part in your sport.
- Be treated fairly, respectfully, sensitively and with dignity by everyone, adults and other athletes.
- Train and compete at a level that you are comfortable with.
- Be safe and feel safe and feel confident that you can say no.
- Have a voice in the decisions that affect you within the club.
- Know who to talk to in the club if you feel unsafe.
- Feel comfortable making complaints and have them dealt with.
- Get help against bullying behaviours.
- Be listened to and believed.
- Protect their own bodies.
- Confidentiality.

### Young / Vulnerable triathletes should always

- Help each other
- Respect each other
- Doing your best
- Listen
- Be consistent
- Be a team player
- Be able to have fun and play games
- Be honest

### Young / vulnerable triathletes should

- Never engage in bullying behaviour
- Never be physically violent
- Not be arrogant
- Have good time management (not be late for sessions)
- Never be disrespectful to the coach
- Never Break the rules